



Body in Harmony, PC  
11840 Nicholas St. Suite 102, Omaha, NE 68154  
Dr. Marcella Ziska Dr. Danielle Clear

INFORMED CONSENT UNDER NEBRASKA CODE SECTION 44-2816

Body in Harmony, PC, is a Corporation operated by Dr. Marcella Ziska.

Chiropractic is a philosophy, art and science which concerns itself with the relationship between structure, primarily the spine, and function, primarily of the nervous system. This relationship may affect the restoration and preservation of health, however, **it is not our intention to either diagnose or treat a medical condition.** The job of this practice is to identify, reduce and correct the Atlas Subluxation Complex. (Subluxation is described in the next paragraph.) The practice of chiropractic includes many standard examination and testing procedures. This office may utilize some of those procedures for the purpose of documenting the probable presence or absence of a subluxation. These may include physical examination, orthopedic and neurological testing, palpation, specialized instrumentation, and radiology examinations. Physiotherapy and rehabilitation procedures may also be utilized to enhance the healing and/or retaining of certain tissues of the body. Unique to the chiropractic profession is the spinal adjustment.

Adjustments are made by chiropractors to correct spinal and extremity joint subluxations. One of the most common disturbances to the nervous system is the vertebral subluxation. This condition exists where one or more vertebrae are misaligned sufficiently to alter biomechanical motion and cause interference to the nervous system. The primary goal in chiropractic health care is the removal of nerve interference by reducing or eliminating the subluxation.

There are a number of different adjusting techniques we may use in this office. NUCCA will be the primary technique. NUCCA adjustments are performed by hand, generating a non-thrusting force delivered to a specific contact point, in a highly specific manner for the **purpose of reducing and/or eliminating the Atlas Subluxation Complex and helping to level the pelvis and restore body balance.** Other thrusting or non-thrusting adjustments may be utilized by hand or by a hand-guided instrument to joint complexes other than the upper cervical area, to improve biomechanical relationships and remove subluxations as indicated.

Not only should you understand the benefits of chiropractic care in restoring and maintaining good health, but also you should be aware that like all health care procedures, there are some inherent risks and limitations. These are seldom enough to contraindicate care, but should be considered in making the decision to receive chiropractic care. Risks associated with some chiropractic adjusting procedures may include musculoskeletal sprain/strain, neurological deficits, osseous fracture, vertebral artery syndrome, including stroke, resulting in brain damage or perhaps death through complicating factors.

If you have any questions concerning the information provided, please notify the doctor prior to care, and obtain the necessary information to make the best decision about receiving chiropractic care.

AUTHORIZATION FOR CHIROPRACTIC CARE

I have read the above paragraphs and understand the information provided. I have been informed of the nature and purpose of chiropractic care, the possible consequences of that care, the risks of that care, including the risk that chiropractic care may not accomplish the desired objective and the possible risk of receiving no chiropractic care. I acknowledge that no guarantees have been made to me concerning the results of care and treatment. All questions which I have asked have been answered to my satisfaction. Having this knowledge, I knowingly authorize Dr. Ziska and Dr. Clear of Body in Harmony, PC to proceed with chiropractic care and allow them to share my x-rays with their NUCCA Board Certified doctors/coaches in their pursuit of NUCCA board certification.

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DATE

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CLIENT/LEGAL GUARDIAN SIGNATURE

\_\_\_\_\_  
CASE#

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DOCTOR SIGNATURE